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## Presidential Policy Memorandum No. 306

**To:** Virginia Tech Administration, Faculty, Staff, and Students

From: Timothy D. Sands

**Date:** May 7, 2018

Subject: Affirmation of the Integration of the Virginia Tech Carilion School of Medicine

(VTCSOM) into Virginia Tech and Approval of the VTCSOM Doctor of Medicine

Degree and existing curriculum.

Approved by the University Council: March, 12, 2018
Approved by the President: March 12, 2018

Approved by Board of Visitors: March 13, 2018 & March 28, 2018

Effective Date: Fall 2019

The Board of Visitors approved a resolution on the approval of the Virginia Tech Carilion School of Medicine Doctor of Medicine (MD) Degree Program.

**WHEREAS,** since 2007, Virginia Tech and Carilion Clinic have benefited from a partnership that has resulted in successfully launching the Virginia Tech Carilion Research Institute and the Virginia Tech Carilion School of Medicine, and

**WHEREAS**, the university has a strong strategic interest in continuing to advance research and education in biomedicine, neuroscience, infectious disease, cardiovascular sciences, metabolism and obesity, biomaterials and body-device interfaces; and

**WHEREAS**, the Virginia Tech Carilion Research Institute continues to exceed its goals and surpassed \$100M in total research funding awarded; and

**WHEREAS**, the Virginia Tech Carilion School of Medicine continues to exceed its goals as an accredited independent medical school; and

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**WHEREAS**, the VTCSOM curriculum is innovative in its integration of research into the program of study resulting in the Doctor of Medicine (MD) degree including 126 on-going research projects with 73 VTCSOM faculty mentors; and

WHEREAS, 100% of the physicians who have completed their education at the VTCSOM pass the US Medical Licensing Exam Step 3, and the school has a 100% residency matching rate for each graduating class; and

**WHEREAS**, the school and the Virginia Tech and Carilion partners have agreed to integrate the school into Virginia Tech as a college; and

**WHEREAS**, Virginia Tech will confer the MD degree upon the integration of the school into the university; and

**WHEREAS**, the MD curriculum was developed and approved by the VTCSOM faculty, under the governance oversight of the VTCSOM's Medical Curriculum Committee that represents the faculty and the 11 departments that comprise the VTCSOM; and

**WHEREAS**, the MD curriculum continues to be taught and delivered solely by VTCSOM faculty and, thus, does not require resources from other colleges; and

WHEREAS, the VTCSOM including its MD curriculum is accredited by the Liaison Committee on Medical Education (LCME) which is jointly sponsored by the Association of American Medical Colleges (AAMC) and the American Medical Association (AMA): and

**WHEREAS**, the VTCSOM is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC), the same body that accredits Virginia Tech; and **WHEREAS**, the desire is for the University Council to affirm the integration of the VTCSOM and the MD degree program into the university; and

**NOW, THEREFORE BE IT RESOLVED**, that the University Council votes to affirm and approve the integration of the VTCSOM as a college within Virginia Tech; and

**BE IT FURTHER RESOLVED**, that the University Council votes to approve the integration of the VTCSOM's Doctor of Medicine degree and existing curriculum into the university's graduate offerings.

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## VTCSOM Medical Doctor (MD) Degree Curriculum

The Virginia Tech Carilion School of Medicine (VTCSOM) offers a program of study leading to the MD degree (MD). After the VTCSOM becomes an academic unit of Virginia Tech, the MD will be awarded by Virginia Tech.

The curriculum for the VTCSOM Doctor of Medicine degree (MD) is a 169-week, four-year program. The curriculum is designed around four "value domains" that shape course delivery and instruction. The four value domains are: basic science, clinical science, research, and interprofessionalism.

In addition to the four value domains, the VTCSOM's curriculum places patient care at the center of all learning. This approach trains students to be physicians who place patients at the center of medical practice. The VTCSOM's pedagogical approach is active and reduces passive learning, and uses patient case-studies in facilitator-guided, small-group discussions. As life-long learners, the medical students at the VTCSOM acquire, integrate, and apply knowledge in pedagogically active settings that include peer teaching, communication, and professionalism.

The VTCSOM curriculum is divided into two phases with Years 1 and 2 referred to as Phase I and Years 3 and 4 referred to as Phase II. During Phase I, the curriculum is separated into units of study referred to as blocks. Each block in Year 1 lasts eight weeks and each block in Year 2 lasts six weeks. The four value domains form the cornerstone of student instruction in blocks, rotations, and clinical practice. The curriculum will remain unchanged upon integration of the school into the university. See Appendix B for a sample plan of study.

VTCSOM Doctor of Medicine Curriculum		
Value Domains: basic science, clinical science, research, and interprofessionalism		
Phase I	Year 1	4, 8-week blocks of study
	Year 2	4, 6-week blocks of study
Phase II	Year 3	Six-week rotations: internal medicine, surgery, family and
	Carilion Clinic	community medicine, pediatrics, psychiatry, and OB/GYN.
	clerkships/clinical	Two-week rotations: radiology, neurology
	practice	Four-week block: research
		Electives
	Year 4	Four-week: emergency medicine Three, two-week
	Carilion Clinic	electives: medical subspecialty, surgical subspecialty,
	clerkships/clinical	ICU/critical care
	practice	18 to 26 weeks additional electives
		Two-week "Transition to Residency I" requirement
		Time for residency program interviews
		Two-week research rotation

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VTCSOM -- Sample Plan of Study

## PHASE I - Year 1 Block Schedule: Normal Structure and Function

Block I: August - October (8 weeks)

**Functional Biology of Cells and Tissues:** Molecules, Genes, Chromosomes, Proteins, Cells, Tissues, Metabolism, Transcription, Translation, Early Development, Pharmacodynamics, Pharmacokinetics **Interviewing and Professionalism:** Interviewing Skills, Relationships with Colleagues, Medical Student Professionalism, Medicine as a Profession, Physician Privileges and Responsibilities, Medical Humanities

**Fundamentals and Foundations of Research:** Scientific Method, Thinking like a Researcher, Quantitative / Quantitative Research, Basic Clinical Translational Research Principles, Hypothesis Generation, Introduction to Medical Literature, "Research Live"- Intro

**Interprofessional Healthcare:** Introduction to Team Building Concepts, Interpersonal Relationships and Development of Camaraderie and Partnerships

Block II: October - December (8 weeks)

**Human Body I:** Immunology, Cardiovascular, Respiratory, Musculoskeletal, Autonomic Nervous System, Nutrition

**Physical Exam and Human Life Cycle I:** Major Body Regions, Cultural Diversity in the Medical Interview, Vital Signs, Heart and Lungs, Infancy and Early Childhood Development, Medical Humanities

**Research Tools:** Biostatistics, Epidemiology, Keys to Successful Collaboration, "Research Live" - Block Topics, Research Rotations

**Interprofessional Healthcare:** Theoretical Foundations and Models of Healthcare, Public Health, Population Health, Normal Structure and Function of Society, Experiential Team Learning (e.g., following a family)

Block III: January - March (8 weeks)

Human Body II: GI Tract, Liver & Biliary, Renal, Endocrine, Reproduction, Nutrition

**Physical Exam and Human Life Cycle II:** Abdominal, Male and Female Genitourinary Exams, Sexuality, Difficult Patient Interview - Sensitive Topics, Adolescent to Adult Development, Medical Humanities **Research Application:** Biostatistics, Epidemiology, Research Design and Methods, Law and Medicine, Regulatory Principles, Research Rotations, "Research Live" - Block Topics

Interprofessional Healthcare: Healthcare Professional Roles, Conflict Resolution, Negotiations, Leadership, Clinical Skills Team Training (simulation), Experiential Team Learning, Patient Safety, Quality Improvement

Block IV: March - May (8 weeks)

**Biology of the Nervous System:** Central Nervous System, Peripheral Nervous System, Special Sensory Structures, Nutrition

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**Neurological Exam - Biopsychosocial Aspects:** Aging, Death and Dying, Palliative Care, Lifestyle Modification and Stages of Change, Medical Humanities

**Research Outcomes:** Manuscript Preparation, Journal Selection, Manuscript Revision, Grant Writing, Grant Review Process (Study Sections), Research Mentor Selection Deadline, Project Identification Deadline, "Research Live" - Block Topics

**Interprofessional Healthcare:** Clinical Skills Team Training (simulation), Introduction Health Delivery Systems, Experiential Team Learning, Patient Safety, Quality Improvement

## PHASE I - Year 2 Block Schedule - Abnormal Structure and Function

Block V: July - August (6 weeks)

**Fundamentals of Pathobiology:** Cells and Tissues, Necrosis, Neoplasia, Inflammation, Genetic Disorders, Immunological Diseases, Infection, Microbiology, Virology, Pharmacology, Therapeutics **Communicating with Patients and Families:** Enhancement of Interviewing Skills, Fundamentals of Case Presentations, Psychosocial Aspects of Disease, Domestic Violence, Ambulatory Care Experience **Research Project:** Individual Student Research Project (hypothesis generation / specific aim), Ethics, "Research Live" - Block Topics

**Interprofessional Healthcare:** Global Health Issues, Team Training in Disaster Preparedness, Patient Safety, Quality Improvement

Block VI: September - October (6 weeks)

**Pathobiology of the Human Body I:** Hematology, Bleeding disorders, White Cell Disorders, Vascular Diseases, Heart, Pulmonary, ENT, Lymph Nodes and Spleen, Microbiology, Virology, Pharmacology, Therapeutics, Nutrition

**The Physician & Society and Clinical Skills:** H & P and Psychosocial Aspects of CV and Pulmonary Diseases, Stress management for Physicians, Medical Marriages, Lifestyle Balance, Changing Healthcare Systems, Managed Care, Medical Legal Issues, Ambulatory Ca

**Research Project:** Individual Student Research Project (research design, tests), IRB, Ethics, "Research Live" - Block Topics

**Interprofessional Healthcare:** Case Studies in Acute and Chronic Disease Management, Patient Safety, Quality Improvement

Block VII: November - December (6 weeks)

**Pathobiology of the Human Body II:** GI Tract, Liver, Pancreas, Renal, Male and Female GU, Breast, Microbiology, Virology, Pharmacology, Therapeutics, Nutrition

**Health Promotion, Disease Prevention and Clinical Skills:** H & P and Psychosocial Aspects of GI, Renal, and Urogenital Diseases, Ambulatory Care Experience, Writing Orders and Prescriptions **Research Project:** Individual Student Research Project (anticipated outcomes and preliminary data), IRB, Ethics, "Research Live" - Block Topics

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**Interprofessional Healthcare:** Case Studies in Acute and Chronic Disease Management Experiential Team Learning

Block VIII: January - February (6 weeks)

**Pathobiology of the Human Body III:** Endocrine, Skeletal and Soft Tissues, Skin, Environmental and Nutritional Diseases, Central and Peripheral Nervous Systems, Nutrition

**Psychobiology and Substance Abuse:** H & P and Psychosocial Aspects of Neurological Diseases, Clinical psychiatric syndromes and their underlying neurobiological dysfunctions, Ambulatory Care Experience,

**Research Project:** Individual Student Research Project (proposal in grant format), "Research Live" - Block Topics

**Interprofessional Healthcare:** Health Policy Analysis, Case Studies in Acute and Chronic Disease Management, Experiential Team Learning

The basic science curriculum taught in the first two years of the medical school's curriculum prepares students to enter into the more formal clinical phase in their third and fourth years.

**PHASE II - Year 3** is spent at Carilion Medical Center with clinical faculty who are largely members of Carilion Clinic. There, students complete a year of required clerkships consisting of six-week rotations in the core clinical disciplines (internal medicine, surgery, family and community medicine, pediatrics, psychiatry, and OB/GYN) and two-week rotations in radiology and neurology. Research continues to be integrated into the clerkship year with a dedicated four-week block. In addition, there are four weeks available for electives in Year 3.

**PHASE II - Year 4**, students complete a four-week required clinical experience in Emergency Medicine as well as electives that must include one medical subspecialty, one surgical subspecialty, and one ICU/critical care rotation, each for two weeks. Students have 18 to 26 weeks of additional elective time, a two-week "Transition to Residency I" requirement, and additional flexible time for interviewing for residency programs and vacation. Finally, there is a required two-week research rotation, which can be lengthened for students whose research requires additional time.

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